

A Once-in-a-Lifetime Experience: Tour of Cameroon

This year the Soul of Africa Museum in cooperation with shikra is offering a chance in a lifetime tour of Cameroon. The journey will be approximately from the 23rd of October to the 7th of November and will last 16 days but can be extended to 21 days. It will be a unique experience for all lovers of African culture, ceremonies, art and magic.



Baka pygmy in South West Cameroon

We will be visiting various ethnic groups of the „Grassfields“ and will have the opportunity to partake in their ceremonies. One of the highlights will be a visit to Oku, the stronghold of black magic.

Surrounded by beautiful scenery we will see masquerades, healing ceremonies of fetish priests and marabouts. The last five days of our journey will take us to the south west of the country to visit the Baka pygmies where we will be able to observe their healing ceremonies. Last but not least you can relax for a couple of days at a comfortable hotel situated on one of the beaches of Kribi.

The leader of the group will be Soul of Africa owner Henning Christoph (Essen)

Price approx. Euro 4.300, - including flight from and to Germany (please contact shikra if you will be travelling from outside of Germany)

The exact price of the tour can only be calculated when we know exactly how many people will be participating. We need at least six and not more than ten people.

If you have any questions or are interested in joining us on this wonderful journey please send a mail to makin@shikra.de



Baka pygmy healing ceremony

Henning Christoph

Henning Christoph was born in 1944 in Grimma near Leipzig, Germany and emigrated to the USA with his family in 1950. He studied anthropology and journalism at the University of Maryland and photography with Otto Steinert at the Folkwangschule in Essen.



Christoph in the rain forest

Since 1969 he has been working as a photojournalist, film producer, book author and curator of a museum.

Christoph has been travelling Africa for over 40 years and documented the cult, spiritual life, magic and healing ceremonies in West and Central Africa. He has worked for well-known major international magazines (The National Geographic, Time, Newsweek, The New York Times, GEO, Stern, etc).

He has produced three documentary films about voodoo in Benin. In 2009 the feature film „Voudou Spirits“ will be released. Christoph is author of two books about Africa „Voodoo – Secret Power in Africa“ and „Soul of Africa – Magical Rites and Traditions“.

He lives in Africa for part of the year and owns a private museum, the „Soul of Africa Museum“ in Essen, Germany, which specialises in voodoo and healing as well as organising international exhibitions about these themes.

Six of his photo-essays received the prodigious „World Press Award“.



The Sultan of Fomban's palace – Friday's audience



Bulu dancers